

Annual Report Society for Poor People Development (SPPD)

2024-2025

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Secretary note:

The financial year **2024–25** marks an important phase for SPPD as we look forward to beginning our **Nutrition Programme** with a new batch of **1,300 children**, both boys and girls in an equal 50:50 ratio, from the age group of **3 to 18 years**. These children come from vulnerable backgrounds, including those with single parents and orphaned children. The Children's Nutrition Programme was successfully completed with the generous support of Myraids USA, whose contribution made a significant impact on improving the health and well-being of the children we serve.

We also extend our gratitude to **Benevity USA and Saathire Social** for their valuable contributions to the *No Hungry Child* programme, which have enabled us to reach more children and ensure they receive consistent nutritional support.

During this year, we also aim to **explore new funding opportunities** to strengthen our support system for the children and their families. Our focus is to empower families through **entrepreneurship training** and by raising **risk funds** to ensure long-term sustainability.

A special emphasis will be placed on the **well-being of adolescent girls**, providing them with training on **menstrual hygiene practices** and the importance of **nutritious food intake**, in collaboration with **All the Sky Foundation**. This initiative will not only enhance their health but also build confidence and awareness for a better future.

We warmly welcome our new President, **Mrs.Chithra Athiyaman**, to the Board for the year 2024–25, and we look forward to his guidance and leadership in strengthening SPPD's vision and mission.

We aspire to extend our work across India to support underprivileged communities, with the valuable partnership and support of funding agencies.

We sincerely thank our funding partners who have stood by SPPD for more than a decade, continuously supporting our children's programmes. In particular, we extend our heartfelt gratitude to the **Give Foundation** and its generous donors from across the world for their unwavering support of the *"Mission No Hungry Child"* initiative since 2021. Your belief in our programme and mission has been a cornerstone in reaching and transforming the lives of countless children.

I am pleased to present to you the Annual Report for the year 2024–25, highlighting our initiatives, achievements, and future directions.

Raju J - Secretary, SPPD

Project: Hungry Child

Title: Hungry Child – A Mission to Nourish and Nurture

Location: Tamil Nadu, India

The Nutrition Kit Program is being implemented across the following regions of Tamil Nadu:

Musiri, Thuraiyur, T. Pet (Thathaiyangarpet), and Thottiyam Blocks of Tiruchirapalli District & Tiruchirapalli City Corporation Limits. Keeranur Block of Pudukottai District

Total Beneficiaries: 1,402 children, including 297 from single-parent households.

Age Group: 3 to 18 years

The Hungry Child Project supported 1,402 children between the ages of 3 and 18 by providing monthly nutritional supplements. This initiative aimed to combat malnutrition, enhance physical and mental health, reduce school dropout rates, and promote overall well-being among vulnerable children across Trichirapalli and Keeranur Block (Pudukottai District), Tamil Nadu.

Introduction

Child malnutrition continues to be a critical public health issue in rural and peri-urban areas of Tamil Nadu.

The primary objective of this initiative is to address malnutrition and nutritional imbalances among children by providing monthly nutrition kits consisting of essential food items. This ongoing support is vital to ensure consistent nourishment for children from vulnerable backgrounds.

Children are the heartbeat of our future. Yet, thousands suffer in silence due to hunger, malnutrition, neglect, and social vulnerability. In Tamil Nadu, many children belonging to marginalized groups such as single-mother households, HIV-infected/infected parents, physically challenged, and orphans face severe nutritional insecurity and mental stress. With the support of our generous donor, the "*Hungry Child*" project was initiated to address these critical issues and ensure every child has the right to grow healthy, educated, and happy.

Objective

The Hungry Child Project supported 1,402 children between the ages of 3 and 18 by providing monthly nutritional supplements. This initiative aimed to combat malnutrition, enhance physical and mental health, reduce school dropout rates, and promote overall well-being among vulnerable children across in Musiri Block and Trichirapalli City (Tiruchirapalli District), and Keeranur Block (Pudukottai District), Tamil Nadu.

The *Hungry Child* project supported 1300 children between 3 and 18 years of age with monthly nutritional supplements to combat malnutrition, support physical and mental health, reduce school dropout rates, and promote overall well-being.

In addition to the direct child beneficiaries, the project positively impacted over **1,000 families**, including **parents, guardians, and siblings**, by easing financial burdens and improving household food security. This holistic support system helped promote family well-being and stability across the targeted rural and urban communities.

Target Group

The beneficiaries were selected based on vulnerability and need, with a clear focus on:

- Children of single women
- Children infected/affected by HIV/AIDS
- Orphans
- Physically challenged children

Total Beneficiaries 2024–25

1. **Musiri** – 989 children (Boys: 450 | Girls: 539)
 - Single-parent households: 255
2. **Trichy Corporation** – 212 children (Boys: 102 | Girls: 110)
 - Single-parent households: 7
3. **Pudukkottai** – 201 children (Boys: 77 | Girls: 124)
 - Single-parent households: 35

Grand Total: 1,402 children, including **297 from single-parent households**.

This gender-sensitive approach also contributed to promoting girl child health and education.

Key Activities :Monthly Nutritional Supplement Distribution

Nutritional kits were distributed every month. Each child received:

- **Dates** – 500 grams
- **Health Drink Powder** – 500 grams
- **Chickpea (Kabuli Chana)** – 1 kg
- **Green Gram** – 1 kg
- **Black-eyed peas** – 1 kg
- **Red Gram (Toor Dal)** – 2 kg
- **Ragi Flour (Finger Millet)** – 1.5 kg
- **Mixed Dals** – 2 kg

These items were chosen based on local nutritional needs, availability, and cultural acceptability.

Impact Achieved

The project created a significant impact on the physical, emotional, and social well-being of the children. **During the year, a total of 10,196 kits** were distributed, ensuring that thousands of children received vital support for their overall growth and development.

Weight and height monitoring showed **noticeable improvements** in undernourished children. Children displayed better immunity and energy levels.

Children exhibited improved mood, better sleep, and more regular school attendance.

Single women caregivers felt supported and empowered, reducing their emotional and financial stress.

HIV-affected families expressed reduced stigma due to project inclusion.

Stories of Change

My name is Yashika, and I study in 5th standard at the Panchayat Union Middle School in Gothurpatty village. My family of five struggles with low income as only my father works as a daily wage laborer, and we still cook using firewood. I previously benefited from SPPD's free evening classes, which were very helpful. Recently, SPPD began providing us with free monthly nutrition kits containing seven nutritious items like green gram, chickpeas, and iron-rich dates. These kits have greatly supported my health and daily needs, and we are very thankful to donors.

Ravi, 13, living with HIV, had been shy and physically weak. Through the project, he began receiving regular nutritious food and encouragement. He now plays football and dreams of becoming a coach. Nutritious food strengthens the immune system, reduces illness, and gives children the energy they need to attend school regularly.



Nutrition Kit distribution:



Nutrition Kit distribution:



Study Materials for the Children: Ramachandra Shamasani Donation

As part of our educational support initiative, **49 students** were provided with study materials, including a stationery kit comprising notebooks, pens, geometry boxes, pencils, erasers, and other essentials. Each kit, worth ₹550 per child, helped ensure that students have the necessary resources to pursue their studies without interruption.



Conclusion

The ***Hungry Child*** project proved that small, consistent interventions can bring significant transformation in the lives of vulnerable children. Over nine months, 1300 young lives were nourished, not just physically, but emotionally and intellectually. The impact goes beyond statistics – it lies in the smiles of children no longer hungry, the peace of mothers no longer helpless, and the hope of a future that once seemed far away.

We are deeply grateful to our donor for believing in this mission. Your generosity has helped shape healthier, happier futures for Tamil Nadu's most vulnerable children.